



November Birthdays

Residents

- **Helen S.** November 1st
- **Terry** November 7th
- **Marjorie** November 7th
- **Don R.** November 9th
- **Dorothy** November 18th
- **Herman** November 20th
- **Jackie** November 26th
- **Cathie P** November 28th

Staff

- **Reagan** November 7th
- **Melanie** November 10th
- **Karen** November 14th
- **Anju** November 16th
- **Kristian** November 30th



REMINDER:
DAYLIGHT SAVINGS TIME BEGINS ON
SUNDAY, NOVEMBER 2ND!!
DON'T FORGET TO TURN YOUR CLOCK
"BACK" ONE HOUR BEFORE GOING TO BED
ON SATURDAY NIGHT!!

IN FLANDERS FIELDS
by John McCrae

In Flanders fields the poppies blow
Between the crosses row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



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Newsletter & Calendar

| Goderich Place | Melanie Nurse, Activity Manager | 519-524-4243 ext. 221 | activationgp@hurontel.on.ca |



Celebrating November!!

Daylight Savings Time – Turn Your Clock
"Back" One Hour (Before Bed)!
November 1st

Music with The Irish Cowboys
November 3rd

Music with Martin Gelinas
November 5th

Remembrance Day Service with Legion
109
November 6th

Remembrance Day
November 11th

Music with Katherine and Bob!
November 13th

Music with Murray, Sherry and Maria!
November 14th

Covid and RSV Clinic – Time will Be Posted
November 17th

No Bake Cooking Class!
November 17th

Seniors Health Fair at Goderich Place
November 19th

Music with Leavin' Tracks
November 20th

Trip to Out Of The Ashes Animal Rescue
November 26th

Music with Ron Allin
November 27th

Welcome to November!

As November arrives, we find ourselves embracing cooler days, colourful leaves, and cozy moments indoors.

It's a month to remember those who served our country, and to share in our gratitude. November 11th marks Remembrance Day, a time to reflect on the courage and sacrifices of the men and women who served Canada in times of war and peace. Lest We Forget.

We will be hosting our Senior's Health Fair once again this year! We will be having several organizations here with information booths. Guests are welcome to attend!

Our Covid and RSV Booster Clinic will be on Monday, November 17th, time will be posted.

For musical entertainment, The Irish Cowboys, Irish Cowboys, Leavin' Tracks, Martin Gelinas, Katherine and Bob plus Murray, Sherry and Maria and Ron Allin.

We will be having Paper Airplane Flying Contest and No Bake Cooking Class as well as Travel to Nova Scotia with our Armchair Travel Program. We will be going on an afternoon trip to "Out of The Ashes Animal Rescue" in Sebringville!

As always, it is never too late to join in a new activity! We have –exercises, mind joggers, knitting group, book club, chair yoga, both men's and ladies' group, quilt tying (bi-weekly) and bingo for you to try!

Please welcome our new friends to Goderich Place; Verona and Russell, Jean, Corrine, and Joyce, make sure to stop and say hello!

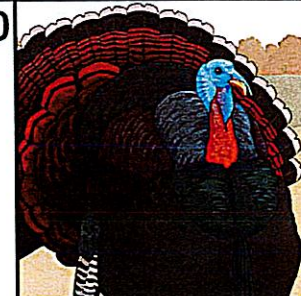
As we enjoy a great World Series (Go Jays Go!) we will be playing Hockey Night in Canada every Saturday evening at 7:00 (Go...Leafs?!) in the TV Room.

Glen has been doing an online course through Goderich Public Library, and he finds it very interesting. Attached to the calendar is a brief "review" of Glen's. If you would like some more information on the courses available, chat with either myself or Glen!

Have a Happy November!!

Melanie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025						10:00 Coffee Group 1 10:30 Exercises 1:00 Afternoon Movie 7:00 Hockey Night in Canada
10:00 Mind Joggers 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)  Daylight Saving Time Ends	2 9:15 Exercises 9:45 Knitting Group 10:30 Book Club 2:00 Sing and Dance with The Irish Cowboys!! 6:30 Tea Time in the Dining Room	3 9:15 Exercises 10:00 Shopping – Walmart 10:00 Walking Group 2:00 Monthly Chronicles and Trivia 6:30 Scrabble/Cribbage SOUND THERAPY 9-11	4 9:15 Chair Yoga 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Martin Gelinat! 6:00 Cards	5 9:15 Exercises 9:45 Ladies Group 10:00 Men's Group 2:00 Remembrance Day Service with Legion 109 6:30 Tea Time in the Dining Room	6 9:15 Exercises 10:00 Free Bingo! 2:00 Show and Tell 6:30 Colouring	7 10:00 Coffee Group 8 10:30 Exercises 1:00 Afternoon Movie 7:00 Hockey Night in Canada
9 10:00 Mind Joggers 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	10 9:15 Exercises 9:45 Knitting Group 10:30 Book Club 1:30 Paper Airplane Flying Contest 6:30 Tea Time in the Dining Room	11 9:15 Exercises 10:00 Remembrance Day Service on The Square 2:00 Shopping – The Square 6:30 Scrabble/Cribbage  Remembrance Day (Canada)	12 9:15 Chair Yoga 10:00 Communion Service 10:00 Tuck Shop 2:00 Wacky Wednesday Happy Hour Food Tasting 6:00 Cards	13 9:15 Exercises 9:45 Ladies Group 10:00 Quilt Tying 10:00 Men's Group 2:00 Sing and Dance with Katherine and Bob! 6:30 Tea Time in the Dining Room	14 9:15 Exercises 10:00 Free Bingo! 2:00 Sing and Dance with Murray, Sherry and Maria! 6:30 Colouring	15 10:00 Coffee Group 10:30 Exercises 1:00 Afternoon Movie 7:00 Hockey Night in Canada
16 10:00 Mind Joggers 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	17 9:15 Exercises 9:45 Knitting Group 10:30 Book Club 2:00 No Bake Cooking Class 6:30 Tea Time in the Dining Room COVID & RSV CLINIC – TIME TO BE ANNOUNCED	18 9:15 Exercises 10:00 Shopping – Walmart 10:00 Walking Group 1:30 Lakeshore United Church 2:00 Resident Meeting 6:30 Scrabble/Cribbage	19 9:15 Chair Yoga 10:00 Communion Service 10:00 Tuck Shop 1:00-3:00 Seniors Health Fair at Goderich Place! 6:00 Cards	20 9:15 Exercises 9:45 Ladies Group 10:00 National Monopoly Day! 2:00 Sing and Dance with Leavin' Tracks! 6:30 Tea Time in the Dining Room	21 9:15 Exercises 10:00 Free Bingo! 1:30 Lutheran Church Service 2:00 Monthly Birthday Party and Welcome Tea 6:30 Colouring	22 10:00 Coffee Group 10:30 Exercises 1:00 Afternoon Movie 7:00 Hockey Night in Canada
23 10:00 Mind Joggers 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	24 9:15 Exercises 9:45 Knitting Group 10:30 Book Club 2:00 Cardmaking with Harriet 6:30 Tea Time in the Dining Room MELANIE OFF	25 9:15 Exercises 10:00 Shopping – The Square 10:00 Walking Group 2:00 Cranium Crunches 6:30 Scrabble/Cribbage MELANIE OFF	26 9:15 Chair Yoga 10:00 Communion Service 10:00 Tuck Shop 1:00 Trip to 'Out of The Ashes Animal Rescue' 6:00 Cards	27 9:15 Exercises 9:45 Ladies Group 10:00 Quilt Tying 10:00 Men's Group 2:00 Sing and Dance with Ron Allin! 6:30 Tea Time in the Dining Room Thanksgiving Day (U.S.)	28 9:15 Exercises 10:00 Free Bingo! 2:00 Armchair Travel to Nova Scotia 6:30 Colouring	29 10:00 Coffee Group 10:30 Exercises 1:00 Afternoon Movie 7:00 Hockey Night in Canada
30 10:00 Mind Joggers 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel)	 SPECIAL EVENT FOR NOVEMBER: WEDNESDAY, NOVEMBER 19TH SENIORS HEALTH FAIR					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 NOVEMBER 2025 Memory Care Unit 						
9:15 Church Service 10:00 Bean Bag Toss 3:00 Afternoon Walks 6:30 Sort the Stuff  Daylight Saving Time Ends	9:30 Daily Chronicles 10:00 Indoor Roll and Stroll 10:30 Montessori Time 2:00 Sing and Dance with The Irish Cowboys! 6:30 Cards	9:15 Exercises 10:00 Walking Group 2:00 Monthly Chronicles and Trivia 6:30 Scrabble/Cribbage SOUND THERAPY 9-11	9:30 Daily Chronicles 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Martin Gelinas!	9:30 Daily Chronicles 10:00 Exercises 10:00 Men's Group 2:00 Remembrance Day Service with Legion 109 6:30 Trivia	9:30 Daily Chronicles 10:30 Montessori Time 2:00 Show and Tell 6:30 Movie Night	9:15 Walk and Roll 10:00 Coffee Social and Bingo 3:00 Drawing 6:30 Stories 7:00 Hockey Night in Canada
9:15 Church Service 10:00 Bean Bag Toss 3:00 Afternoon Walks  6:30 Sort the Stuff	9:30 Daily Chronicles 10:00 Indoor Roll and Stroll 10:30 Montessori Time 1:30 Paper Airplane Flying Contest 6:30 Cards	9:15 Exercises 10:00 Remembrance Day Service on The Square 2:00 Card Matching Game 6:30 Scrabble/Cribbage  Remembrance Day (Canada)	9:30 Daily Chronicles 10:00 Communion Service 10:00 Tuck Shop 2:00 Wacky Wednesday Happy Hour Food Tasting 6:30 Foot Soaks	9:30 Daily Chronicles 10:00 Exercises 10:00 Men's Group 2:00 Sing and Dance with Katherine and Bob! 6:30 Trivia	9:30 Daily Chronicles 10:30 Montessori Time 2:00 Sing and Dance with Murray, Sherry and Maria! 6:30 Movie Night	9:15 Walk and Roll 10:00 Coffee Social and Bingo 3:00 Drawing 6:30 Stories 7:00 Hockey Night in Canada
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