



March Birthdays!!
Residents

- John E. March 13th
- Muriel F. March 17th
- Margaret Y. March 19th
- Eleanor D. March 20th
- Joan A. March 24th
- Donna Y. March 25th

Staff

- Kyla March 2nd
- Renee March 7th
- Kristen March 17th
- Jen – Sales March 28th



Don't forget to set your clocks one hour ahead before you go to bed, on Saturday March 8th!!

MacKay Centre Music and Memories Tuesday, March 18th at 3:00. Charles, Mackay Centres' DJ will be playing music with memories of days gone by.



According to the Farmers' Almanac, the weather folklore stems from ancestral beliefs in balance, meaning if the weather at the start of March was bad (roaring, like a roaring lion), the month should end with good weather (gentle, like a lamb).

Calendar & Newsletter

Goderich Place | Melanie Nurse, Activity Manager | 519-524-4243 ext. 221 | activationgp@hurontel.on.ca

Celebrating March!

Music with The Irish Cowboys

March 3rd

Mardi Gras Party!

March 5th

Music with Val

March 6th

International Women's Day

March 8th

Music with Martin Gelinas

March 12th

Sing along with The Catholic Church Choir

March 13th

St Patrick's Day and Party!!

March 17th

Music with Steve Cook

March 18th

Inservice with Joscelin from Sound Therapy

March 19th

Music with Meggi Faye

March 20th

Progressive Euchre Tournament

March 27th

Welcome to March!!

Spring is just around the corner!! March brings us longer days, the bulbs start to sprout, and we have plenty of exciting activities. After these last few weeks of snow, I know I am looking forward to the sunshine!

With spring's arrival, it is a great time to take short walks outside, soak in some sunshine, and enjoy the fresh air!! Reminder to wear appropriate outerwear and to sign out when you are leaving the building.

We missed out on quite a few programs in February, but as you can see, we do have a busy calendar for the month of March. Just a friendly reminder to frequently wash your hands, use hand sanitizer and that we advise wearing a mask, especially when we are in a group setting.

This month we are celebrating Mardi Gras, International Woman's Day, St. Patrick's Day, and hosting a Euchre Tournament!! Joscelin from Hear Canada will be coming in to do an information session on hearing and the various reasons for the importance of hearing aides.

The 34th Annual Kinsmen Auction will be held on Friday February 28th and Saturday March 1st. all proceeds benefit local charities, minor sports and the community. Hurontel Ch. 1 or Eastlink Channel 10 is where the auction can be viewed. Goderich Place has donated toward registration for Ringette, as well as four tickets to the celebrity hockey game in Clinton!

Clocks will be "springing" ahead this month!! Put your clock ahead one hour before you go to bed on Saturday, March 8th!

Have a great month everyone, as we March into March!!

Melanie

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

SPECIAL EVENT FOR MARCH – PROGRESSIVE EUCHRE TOURNAMENT, THURSDAY MARCH 27th

10:00 Coffee Group **1**
 10:30 Exercises
 1:00 Afternoon Movie
 2:15- 11:55 **34th Annual Kinsmen TV Auction:**
 Eastlink Channel 10
 Hurontel Channel 1

2 10:00 Mind Joggers
 10:30 **St Peter's Church Ch 1 (Hurontel)**
 1:00 Lake Shore United Church Service Ch 1 (Hurontel)

3 9:15 Exercises
 9:45 Knitting Group
 10:30 Book Club
 2:00 Sing and Dance with **The Irish Cowboys!!**
 6:30 Tea Time in the Dining Room

4 9:15 Exercises
 10:00 Shopping – Walmart
 10:00 Indoor Walking Group
 2:00 Monthly Chronicles and Trivia
 6:30 Scrabble/Cribbage
 SHROVE TUESDAY
 SOUND THERAPY
 Mardi Gras

5 9:15 Chair Yoga
 10:00 Tuck Shop
 1:30 Wacky Wednesday Happy Hour Mardi Gras Party!!
 6:00 Cards

6 9:15 Exercises
 10:00 Communion Service
 10:00 Quilt Tying
 2:00 Sing and Dance with Val!!
 6:30 Tea Time in the Dining Room
 NATIONAL OREO COOKIE DAY

7 9:15 Exercises
 10:00 Men's Group
 10:00 Free Bingo!
 2:00 International Women's Day
 6:30 Adult Colouring

8 10:00 Coffee Group
 10:30 Exercises
 1:00 Afternoon Movie



9 10:00 Mind Joggers
 10:30 **St Peter's Church Ch 1 (Hurontel)**
 1:00 Lake Shore United Church Service Ch 1 (Hurontel)

10 9:15 Exercises
 9:45 Knitting Group
 10:30 Book Club
 2:00 Cranium Crunches
 6:30 Tea Time in the Dining Room

11 9:15 Exercises
 10:00 Shopping – The Square
 10:00 Indoor Walking Group
 2:00 Craft with Betty!!
 6:30 Scrabble/Cribbage

12 9:15 Chair Yoga
 10:00 Communion Service
 10:00 Tuck Shop
 2:00 Sing and Dance with Martin Gelinis!!
 6:00 Cards

13 9:15 Exercises
 9:45 Ladies Group
 2:00 Sing Along with The Catholic Church Choir!
 6:30 Bingo!!
 6:30 Tea Time in the Dining Room
 POPCORN LOVERS DAY!
 Purim Begins

14 9:15 Exercises
 10:00 Men's Group
 10:00 Free Bingo!
 2:00 Show and Tell
 6:30 Adult Colouring

15 10:00 Coffee Group
 10:30 Exercises
 1:00 Afternoon Movie



Daylight Saving Time Begins

NATIONAL RANCH DAY

16 10:00 Mind Joggers
 10:30 **St Peter's Church Ch 1 (Hurontel)**
 1:00 Lake Shore United Church Service Ch 1 (Hurontel)

17 9:15 Exercises
 9:45 Knitting Group
 10:30 Book Club
 1:30 St. Patrick's Day Party!
 6:30 Tea Time in the Dining Room
 St. Patrick's Day



18 9:15 Exercises
 10:00 Shopping – Walmart
 10:00 Indoor Walking Group
 2:00 Sing and Dance with Steve Cook!!
 6:30 Scrabble/Cribbage

19 9:15 Chair Yoga
 10:00 Communion Service
 10:00 Tuck Shop
 2:00 Hear Canada Sound Therapy Inservice
 6:00 Cards

20 9:15 Exercises
 10:00 Quilt Tying
 1:15 Anglican Church Service
 2:00 Sing and Dance with Meggi Faye!!
 6:30 Tea Time in the Dining Room
 NATIONAL RAVIOLI DAY!
 Spring Begins

21 9:15 Exercises
 10:00 Men's Group
 10:00 Free Bingo!
 2:00 Lutheran Church Service
 2:00 Surprise Food Tasting
 6:30 Adult Colouring

22 10:00 Coffee Group
 10:30 Exercises
 1:00 Afternoon Movie



23 10:00 Mind Joggers
 10:30 **St Peter's Church Ch 1 (Hurontel)**
 1:00 Lake Shore United Church Service Ch 1 (Hurontel)

24 9:15 Exercises
 9:45 Knitting Group
 10:30 Book Club
 2:00 Monthly Birthday Party and Welcome Tea
 6:30 Tea Time in the Dining Room

25 9:15 Exercises
 10:00 Shopping – The Square
 10:00 Indoor Walking Group
 2:00 Junk Drawer Detective
 6:30 Scrabble/Cribbage

26 9:15 Chair Yoga
 10:00 Communion Service
 10:00 Tuck Shop
 2:00 Wacky Wednesday Happy Hour!!
 6:00 Cards
 NATIONAL SPINACH DAY

27 9:15 Exercises
 9:45 Ladies Group
 10:00 Resident Meeting
 1:30 **Progressive Euchre Tournament!!**
 6:30 Bingo!!
 6:30 Tea Time in the Dining Room

28 9:15 Exercises
 10:00 Men's Group
 10:00 Free Bingo!
 2:00 Walker Spring Cleaning
 6:30 Adult Colouring

29 10:00 Coffee Group
 10:30 Exercises
 1:00 Afternoon Movie



30 10:00 Mind Joggers
 10:30 **St Peter's Church Ch 1 (Hurontel)**
 1:00 Lake Shore United Church Service Ch 1 (Hurontel)

31 9:15 Exercises
 9:45 Knitting Group
 10:30 Book Club
 2:00 Cardmaking with Harriet!!
 6:30 Tea Time in the Dining Room



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025

MEMORY CARE UNIT



9:30 Coffee Social
 2:15- 11:55 34th Annual
 Kinsmen TV Auction:
 Eastlink Channel 10
 Hurontel Channel 1
 3:00 Drawing
 6:30 Stories

9:15 Church Service
 3:00 Afternoon Walks
 6:30 Sort the Stuff



9:30 Daily Chronicles
 10:00 Exercises
 10:30 Manicures
 2:00 Sing and Dance with
 the Irish Cowboys!
 6:30 Bean Bag Toss

9:30 Daily Chronicles
 10:30 Indoor Roll and Stroll
 2:00 Monthly Chronicles and
 Trivia
 6:30 Cards (Scrabble/ Euchre/
 Uno
 SOUND THERAPY
 9-11
 SHROVE TUESDAY

9:30 Daily Chronicles
 10:00 Exercises
 1:30 Wacky Wednesday
 Happy Hour Mardi Gras
 Party!!
 6:30 Foot Soaks

9:30 Daily Chronicles
 10:00 Communion Service
 10:00 Exercises
 2:00 Sing and Dance with
 Val!!
 6:30 Trivia
 NATIONAL OREO COOKIE DAY

9:30 Daily Chronicles
 10:00 Visits with Kelly and
 Trigger
 2:00 Cranium Crunches
 6:30 Movie Night



9:30 Coffee Social
 3:00 Drawing
 6:30 Stories



9:15 Church Service
 3:00 Afternoon Walks
 6:30 Sort the Stuff



Daylight Saving Time Begins

9:30 Daily Chronicles
 10:00 Exercises
 10:15 Manicures
 2:00 Junk Drawer Detective
 6:30 Bean Bag Toss
 NATIONAL RANCH DAY

9:30 Daily Chronicles
 10:30 Indoor Roll and Stroll
 2:00 Craft with Betty!!
 6:30 Cards (Scrabble/



9:30 Daily Chronicles
 10:00 Communion Service
 10:00 Exercises
 2:00 Sing and Dance with
 Martin Gelinass!!
 6:30 Foot Soaks

9:30 Daily Chronicles
 10:00 Exercises
 2:00 Sing Along with The
 Catholic Church Choir!
 6:30 Trivia
 POPCORN LOVERS DAY!
 Purim Begins

9:30 Daily Chronicles
 10:00 Visits with Kelly and
 Trigger
 2:00 Show and Tell
 6:30 Movie Night

9:30 Coffee Social
 3:00 Drawing
 6:30 Stories



9:15 Church Service
 3:00 Afternoon Walks
 6:30 Sort the Stuff



9:30 Daily Chronicles
 10:00 Exercises
 10:15 Manicures
 1:30 St. Patrick's Day Party!
 6:30 Bean Bag Toss
 St. Patrick's Day



9:30 Daily Chronicles
 10:30 Indoor Roll and Stroll
 2:00 Sing and Dance with
 Steve Cook!!
 6:30 Cards (Scrabble/
 Euchre/ Uno

9:30 Daily Chronicles
 10:00 Communion Service
 10:00 Exercises
 2:00 Balloon Ball
 6:30 Foot Soaks

9:30 Daily Chronicles
 10:00 Exercises
 1:15 Anglican Church
 Service
 2:00 Sing and Dance with
 Meggi Faye!!
 6:30 Trivia
 NATIONAL RAVIOLI DAY!
 Spring Begins

9:30 Daily Chronicles
 10:00 Visits with Kelly and
 Trigger
 2:00 Lutheran Church
 Service
 2:00 Surprise Food Tasting
 6:30 Movie Night

9:30 Coffee Social
 3:00 Drawing
 6:30 Stories



9:15 Church Service
 3:00 Afternoon Walks
 6:30 Sort the Stuff



9:30 Daily Chronicles
 10:00 Exercises
 10:15 Manicures
 2:00 Monthly Birthday Party
 and Welcome Tea
 6:30 Bean Bag Toss

9:30 Daily Chronicles
 10:30 Indoor Roll and Stroll
 2:00 No Bake Cooking
 6:30 Cards (Scrabble/
 Euchre/ Uno



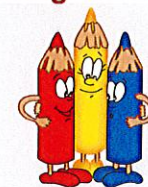
9:30 Daily Chronicles
 10:00 Communion Service
 10:00 Exercises
 2:00 Painting
 6:30 Foot Soaks
 NATIONAL SPINACH DAY

9:30 Daily Chronicles
 10:00 Exercises
 2:00 Music Circle Time
 6:30 Trivia



9:30 Daily Chronicles
 10:00 Visits with Kelly and
 Trigger
 2:00 Walker Spring
 Cleaning
 6:30 Movie Night

9:30 Coffee Social
 3:00 Drawing
 6:30 Stories



9:15 Church Service
 3:00 Afternoon Walks
 6:30 Sort the Stuff



9:30 Daily Chronicles
 10:00 Exercises
 10:15 Manicures
 2:00 Cardmaking with
 Harriet!!
 6:30 Bean Bag Toss



CHECK OUT OUR NEW ACTIVITIES HIGHLIGHTED IN GREEN!!