

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

**SPECIAL EVENT FOR JANUARY: THURSDAY, JANUARY 29TH
TALK WITH MICHAELA FROM THE TOWN OF GODERICH**

				9:00 Exercises 1 9:30 Exercises 10:00 Ladies Group in Back Room 10:00 Men's Group 2:00 Cards and Board Games!! 6:30 Tea Time in the TV Room New Year's Day	9:00 Exercises 2 9:30 Exercises 10:00 Free Bingo! 2:00 Monthly Chronicles and Trivia 6:30 Colouring 6:30 Tea Time in the TV Room	10:00 Coffee Group 3 10:30 Exercises 1:00 Afternoon Movie 6:30 Tea Time in the TV Room 7:00 Hockey Night in Canada
10:00 Mind Joggers 4 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel) 2:00 Bible Teaching with Verona 6:30 Tea Time in the TV Room	9:00 Exercises 5 9:30 Exercises 10:00 Knitting Group in Back Room 10:30 Book Club 2:00 Sing and Dance with The Irish Cowboys!! 6:30 TV Bingo with Jenni and Julie!!	9:00 Chair Yoga 6 10:00 Shopping – Walmart 10:00 Walking Group 2:00 New Year's Resolution Week! 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room SOUND THERAPY 9-11	9:00 Exercises 7 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Wacky Wednesday Happy Hour and Food Tasting 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 8 9:30 Exercises 10:00 Ladies Group in Back Room 10:00 Quilt Tying 10:00 Men's Group 2:00 Get Organized Month!! 6:30 Tea Time in the TV Room	9:00 Exercises 9 9:30 Exercises 10:00 Free Bingo! 2:00 Word Games 6:30 Colouring 6:30 Tea Time in the TV Room	10:00 Coffee Group 10 10:30 Exercises 1:00 Afternoon Movie 6:30 Tea Time in the TV Room 7:00 Hockey Night in Canada
10:00 Mind Joggers 11 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel) 2:00 Bible Teaching with Verona 6:30 Tea Time in the TV Room	9:00 Exercises 12 9:30 Exercises 9:30 Manicures with Sandra!! 10:00 Knitting Group in Back Room 10:30 Book Club 2:00 Armchair Travel to Quebec Part 2! 6:30 Tea Time in the TV Room	9:00 Chair Yoga 13 10:00 Shopping – The Square 10:00 Walking Group 2:00 Sing and Dance with Ron Allin! 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 14 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Wacky Wednesday Happy Hour and Food Tasting 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 15 9:30 Exercises 10:00 Ladies Group in Back Room 10:00 Men's Group 2:00 Snow Globe Craft 6:30 Tea Time in the TV Room	9:00 Exercises 16 9:30 Exercises 10:00 Free Bingo! 2:00 International Brain Teaser Month!! 6:30 Colouring 6:30 Tea Time in the TV Room	10:00 Coffee Group 17 10:30 Exercises 1:00 Afternoon Movie 6:30 Tea Time in the TV Room 7:00 Hockey Night in Canada
10:00 Mind Joggers 18 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel) 2:00 Bible Teaching with Verona 6:30 Tea Time in the TV Room	9:00 Exercises 19 9:30 Exercises 10:00 Knitting Group in Back Room 10:30 Book Club 2:00 National Popcorn Day! 6:30 Tea Time in the TV Room Martin Luther King Jr. Day	9:00 Chair Yoga 20 10:00 Shopping – Walmart 10:00 Walking Group 2:00 Lakeshore United Church Service 2:00 Craft with Betty! 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 21 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Jimmy's Old Time Radio Show! 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 22 9:30 Exercises 10:00 Ladies Group in Back Room 10:00 Quilt Tying 10:00 Men's Group 1:30 Clinton Line Dancers!! 6:30 Tea Time in the TV Room	9:00 Exercises 23 9:30 Exercises 10:00 Free Bingo! 1:30 Lutheran Church Service 2:00 Resident Meeting 6:30 Colouring 6:30 Tea Time in the TV Room	10:00 Coffee Group 24 10:30 Exercises 1:00 Afternoon Movie 6:30 Tea Time in the TV Room 7:00 Hockey Night in Canada
10:00 Mind Joggers 25 10:30 St Peter's Church Ch 1 (Hurontel) 1:00 Lake Shore United Church Service Ch 1 (Hurontel) 2:00 Bible Teaching with Verona 6:30 Tea Time in the TV Room	9:00 Exercises 26 9:30 Exercises 10:00 Knitting Group in Back Room 10:30 Book Club 2:00 Cardmaking with Harriet! 6:30 Tea Time in the TV Room Australia Day (Observed)	9:00 Chair Yoga 27 10:00 Shopping – The Square 10:00 Walking Group 2:00 Monthly Birthday Party and Welcome Tea!! 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 28 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 1:30 Talk with the Doc!! (Dr. Alexandra Peel) 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 29 9:30 Exercises 10:00 Ladies Group in Back Room 10:00 Men's Group 2:00 Talk with Michaela from The Town of Goderich 6:30 Tea Time in the TV Room	9:00 Exercises 30 9:30 Exercises 10:00 Free Bingo! 2:00 Cranium Crunches 6:30 Colouring 6:30 Tea Time in the TV Room	10:00 Coffee Group 31 10:30 Exercises 1:00 Afternoon Movie 6:30 Tea Time in the TV Room 7:00 Hockey Night in Canada