



We want to wish all the mother's and maternal figures in our lives a very Happy Mother's Day!! We want you to find a photo of your mom, grandmother or special person who helped raise you! We will take a photo of you with that picture and post for all to see!

## May Birthdays *Residents*

- Alie May 2<sup>nd</sup>
- Cecil May 6<sup>th</sup>
- Else May 12<sup>th</sup>
- Ross May 13<sup>th</sup>
- Don S. May 14<sup>th</sup>
- Glen May 20<sup>th</sup>
- Edna May 20<sup>th</sup>
- Bob P. May 21<sup>st</sup>
- Sam May 24<sup>th</sup>
- Marg M. May 31<sup>st</sup>

## *Staff*

- Maria May 10<sup>th</sup>
- Lynn May 13<sup>th</sup>
- Susie May 15<sup>th</sup>
- Nancy J. May 25<sup>th</sup>
- Rogin May 30<sup>th</sup>



**May 8<sup>th</sup> will be the 80<sup>th</sup> Anniversary of V.E. Day (Victory in Europe Day). Each and every day we thank those heroes who were able to come home and more importantly, those who sacrificed their lives for our freedom.**

May 2025

# Calendar & Newsletter

Goderich Place | Melanie Nurse, Activity Manager | 519-524-4243 ext.221 | [activationgp@hurontario.on.ca](mailto:activationgp@hurontario.on.ca)



## Celebrating May

**Kentucky Derby Party**  
May 2<sup>nd</sup>

**Open House/Irish Cowboys**  
May 5<sup>th</sup>

**Creative Art Class in Grand Bend**  
May 6<sup>th</sup>

**Mother's Day Party!!**  
May 9<sup>th</sup>

**Mother's Day!**  
May 11<sup>th</sup>

**Line Dancing with Norma**  
May 13<sup>th</sup>

**Music with Martin Gelinas**  
May 14<sup>th</sup>

**Carry On Cloggers**  
May 20<sup>th</sup>

**Fraud Inservice**  
May 21<sup>st</sup>

**Alzheimer's Walk**  
May 23<sup>rd</sup>

**Fashion Show with Classie Casual Boutique**  
May 27<sup>th</sup>

## Hello May!!!

Spring has fully sprung, and with it comes fresh air, blooming flowers, and plenty of reasons to smile. We've got a month packed with fun, celebration.

If you know of anyone interested in living at Goderich Place, we will be hosting an Open House with Music by The Irish Cowboys! Margie, who is The Branch Manager at Scotiabank, will be here for an Inservice on Banking Fraud. Classie Casual will be returning the end of May, this time we will be doing a short fashion show followed by clothing sale! Guests are welcome to attend all events, refer to calendar and posters for more information!

We will be going on a few outings this month; Grand Bend for a creative art class, Greyhaven Gardens browse through the garden centre, and bowling at Little Bowl!! We will also be going on a walk through the park in support of the Alzheimer's Walk.

Cycling without Age will be returning this month. This is a program which offers bike rides around town, no pedaling involved! Times and dates will be posted shortly.

We wish all of our ladies a very Happy Mother's Day!! There will be manicures on Monday, May 5<sup>th</sup> if you wish to have your nails done, enjoy the pampering!

Please refer to the calendar for our music programs. If a program is altered, changes will be posted on the white boards.

Just a reminder with the warmer weather approaching, to please make sure to sign out when leaving the building, the sign out book is on the podium outside the nurses station.

Have a Marvellous May!!

*Melanie*



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# May 2025

**SPECIAL EVENTS FOR MAY- OPEN HOUSE, FRAUD INSERVICE AND FASHION SHOW**

<p>10:00 Mind Joggers 4</p> <p>10:30 <b>St Peter's Church Ch 1 (Hurontel)</b></p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p>	<p>9:00 <b>Manicures with Sandra</b></p> <p>9:15 <b>Exercises</b></p> <p>9:45 <b>Knitting Group</b></p> <p>11:00 <b>Open House</b></p> <p>10:30 <b>Book Club</b></p> <p>2:00 <b>Sing and Dance with The Irish Cowboys!!</b></p> <p>6:30 Tea Time in the Dining Room</p> <p>Cinco de Mayo</p>	<p>9:15 <b>Exercises</b> 6</p> <p>10:00 Shopping – Walmart</p> <p>10:00 <b>Walking Group</b></p> <p>1:00 <b>Creative Art Class in Grand Bend</b></p> <p>6:30 Scrabble/Cribbage</p> <p><b>SOUND THERAPY 9-11</b></p>	<p>9:15 <b>Chair Yoga</b> 7</p> <p>10:00 <b>Communion Service</b></p> <p>10:00 <b>Tuck Shop</b></p> <p>2:00 <b>Sing and Dance with Meggi Faye!!</b></p> <p>6:00 Cards</p>	<p>9:15 <b>Exercises</b> 8</p> <p>9:45 <b>Ladies Group</b></p> <p>2:00 <b>Cranium Crunches</b></p> <p>6:30 Tea Time in the Dining Room</p> <p>6:30 <b>Bingo</b></p> <p><b>VE80 DAY 8 MAY 1945</b></p>	<p>9:15 <b>Exercises</b> 9</p> <p>10:00 <b>Men's Group</b></p> <p>10:00 <b>Free Bingo!</b></p> <p>1:30 <b>Mother's Day Party</b></p> <p>6:30 Colouring</p>	<p>10:00 Coffee Group 10</p> <p>10:30 <b>Exercises</b></p> <p>1:00 Afternoon Movie</p> <p></p>
<p>10:00 Mind Joggers 11</p> <p>10:30 <b>St Peter's Church Ch 1 (Hurontel)</b></p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p> <p></p>	<p>9:15 <b>Exercises</b> 12</p> <p>9:45 <b>Knitting Group</b></p> <p>10:00 <b>Trip to Greyhaven Gardens!</b></p> <p>10:30 <b>Book Club</b></p> <p>2:00 <b>Junkdrawer Detective</b></p> <p>6:30 Tea Time in the Dining Room</p>	<p>9:15 <b>Exercises</b> 13</p> <p>10:00 Shopping – The Square</p> <p>10:00 <b>Walking Group</b></p> <p>1:30 <b>Line Dancing with Norma!!</b></p> <p>6:30 Scrabble/Cribbage</p>	<p>9:15 <b>Chair Yoga</b> 14</p> <p>10:00 <b>Communion Service</b></p> <p>10:00 <b>Tuck Shop</b></p> <p>2:00 <b>Sing and Dance with Martin Gelinas</b></p> <p>6:00 Cards</p>	<p>9:15 <b>Exercises</b> 15</p> <p>9:45 <b>Ladies Group</b></p> <p>10:00 <b>Mackay Choristers</b></p> <p>1:30 <b>Anglican Church Service</b></p> <p>2:00 <b>Monthly Birthday Party and Welcome Tea!!</b></p> <p>6:30 Tea Time in the Dining Room</p>	<p>9:15 <b>Exercises</b> 16</p> <p>10:00 <b>Men's Group</b></p> <p>10:00 <b>Free Bingo!</b></p> <p>1:30 <b>Lutheran Church Service</b></p> <p>2:00 <b>Victoria Day Trivia</b></p> <p>6:30 Colouring</p>	<p>10:00 Coffee Group 17</p> <p></p> <p>10:30 <b>Exercises</b></p> <p>1:00 Afternoon Movie</p> <p>Armed Forces Day</p>
<p>10:00 Mind Joggers 18</p> <p>10:30 <b>St Peter's Church Ch 1 (Hurontel)</b></p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p>	<p>9:15 <b>Exercises</b> 19</p> <p>9:45 <b>Knitting Group</b></p> <p>10:30 <b>Book Club</b></p> <p>2:00 <b>Word Games</b></p> <p>6:30 Tea Time in the Dining Room</p> <p></p> <p>Victoria (Canada)</p>	<p>9:15 <b>Exercises</b> 20</p> <p>10:00 Shopping – Walmart</p> <p>10:00 <b>Walking Group</b></p> <p>1:30 <b>Carry on Cloggers!!!</b></p> <p>6:30 Scrabble/Cribbage</p>	<p>9:15 <b>Chair Yoga</b> 21</p> <p>10:00 <b>Communion Service</b></p> <p>10:00 <b>Tuck Shop</b></p> <p>2:00 <b>Fraud Inservice with Margie from Scotiabank</b></p> <p>6:00 Cards</p>	<p>9:15 <b>Exercises</b> 22</p> <p>9:45 <b>Ladies Group</b></p> <p>10:00 <b>Quilt Tying</b></p> <p>2:00 <b>Sing and Dance with Randy Satchell</b></p> <p>6:30 Tea Time in the Dining Room</p> <p>6:30 <b>Bingo</b></p>	<p>9:15 <b>Exercises</b> 23</p> <p>10:00 <b>Men's Group</b></p> <p>10:00 <b>Free Bingo!</b></p> <p>1:30 <b>Alzheimer's Walk through the Park</b></p> <p>6:30 Colouring</p>	<p>10:00 Coffee Group 24</p> <p>10:30 <b>Exercises</b></p> <p></p> <p>1:00 Afternoon Movie</p>
<p>10:00 Mind Joggers 25</p> <p>10:30 <b>St Peter's Church Ch 1 (Hurontel)</b></p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p>	<p>9:15 <b>Exercises</b> 26</p> <p>9:45 <b>Knitting Group</b></p> <p>10:30 <b>Book Club</b></p> <p>2:00 <b>Cardmaking with Harriet</b></p> <p>6:30 Tea Time in the Dining Room</p> <p>Memorial Day</p>	<p>9:15 <b>Exercises</b> 27</p> <p>10:00 Shopping – The Square</p> <p>10:00 <b>Walking Group</b></p> <p>1:30 <b>Fashion Show with Classie Casual Boutique!!</b></p> <p>6:30 Scrabble/Cribbage</p>	<p>9:15 <b>Chair Yoga</b> 28</p> <p>10:00 <b>Communion Service</b></p> <p>10:00 <b>Tuck Shop</b></p> <p>2:00 <b>Wacky Wednesday Happy Hour and Food Tasting!!</b></p> <p>6:00 Cards</p>	<p>9:15 <b>Exercises</b> 29</p> <p>9:45 <b>Ladies Group</b></p> <p>1:30 <b>Bowling at Little Bowl!!</b></p> <p>6:30 Tea Time in the Dining Room</p>	<p>9:15 <b>Exercises</b> 30</p> <p>10:00 <b>Men's Group</b></p> <p>10:00 <b>Free Bingo!</b></p> <p>2:00 <b>Show and Tell</b></p> <p>6:30 Colouring</p>	<p>10:00 Coffee Group 31</p> <p></p> <p>10:30 <b>Exercises</b></p> <p>1:00 Afternoon Movie</p>



Sunday

Monday

Tuesday

Wednesday

Thursday










Friday

Saturday

# May 2025

## MEMORY CARE UNIT



<p>9:15 <b>Church Service</b> 4</p> <p>10:00 <b>Garden Time</b></p> <p>3:00 <b>Afternoon Walks</b></p>  <p>6:30 <b>Sort the Stuff</b></p>	<p>9:00 <b>Manicures with Sandra</b> 5</p> <p>9:30 <b>Daily Chronicles</b></p> <p>10:00 <b>Indoor Roll and Stroll</b></p> <p>10:30 <b>Montessori Time</b></p> <p>11:00 <b>Open House</b></p> <p>2:00 <b>Sing and Dance with the Irish Cowboys!</b></p> <p>6:30 <b>Bean Bag Toss</b></p> <p>Cinco de Mayo</p>	<p>9:30 <b>Daily Chronicles</b> 6</p> <p>10:30 <b>Indoor Roll and Stroll</b></p> <p>2:00 <b>Drinks and Snacks on the Back Patio</b></p> <p>6:30 <b>Cards (Scrabble/ Euchre/ Uno)</b></p>	<p>9:30 <b>Daily Chronicles</b> 7</p> <p>10:00 <b>Communion Service</b></p> <p>10:00 <b>Exercises</b></p> <p>10:30 <b>Garden Time</b></p> <p>2:00 <b>Sing and Dance with Meggi Faye!!</b></p> <p>6:30 <b>Foot Soaks</b></p>	<p>9:30 <b>Daily Chronicles</b> 8</p> <p>10:00 <b>Indoor Roll and Stroll</b></p> <p>10:30 <b>Montessori Time</b></p> <p>2:00 <b>Cranium Crunches</b></p> <p>6:30 <b>Trivia</b></p> 	<p>9:30 <b>Daily Chronicles</b> 2</p> <p>10:00 <b>Garden Time</b></p> <p>10:30 <b>Montessori Time</b></p> <p>1:30 <b>Kentucky Derby Party</b></p>  <p>6:30 <b>Movie Night</b></p>	<p>9:15 <b>Walk and Roll</b> 3</p> <p>10:00 <b>Coffee Social and Bingo</b></p>  <p>3:00 <b>Drawing</b></p> <p>6:30 <b>Stories</b></p>
<p>9:15 <b>Church Service</b> 11</p> <p>10:00 <b>Garden Time</b></p> <p>3:00 <b>Afternoon Walks</b></p> <p>6:30 <b>Sort the Stuff</b></p> 	<p>9:30 <b>Daily Chronicles</b> 12</p> <p>10:00 <b>Indoor Roll and Stroll</b></p> <p>10:30 <b>Montessori Time</b></p> <p>2:00 <b>Junkdrawer Detective</b></p> <p>6:30 <b>Bean Bag Toss</b></p>	<p>9:30 <b>Daily Chronicles</b> 13</p> <p>10:30 <b>Indoor Roll and Stroll</b></p> <p>1:30 <b>Line Dancing with Norma!!</b></p> <p>6:30 <b>Cards (Scrabble/ Euchre/ Uno)</b></p>	<p>9:30 <b>Daily Chronicles</b> 14</p> <p>10:00 <b>Communion Service</b></p> <p>10:00 <b>Exercises</b></p> <p>10:30 <b>Garden Time</b></p> <p>2:00 <b>Sing and Dance with Martin Gelinas</b></p> <p>6:30 <b>Foot Soaks</b></p>	<p>9:30 <b>Daily Chronicles</b> 15</p> <p>10:00 <b>Indoor Roll and Stroll</b></p> <p>10:30 <b>Montessori Time</b></p> <p>1:30 <b>Anglican Church Service</b></p> <p>2:00 <b>Monthly Birthday Party and Welcome Tea</b></p> <p>6:30 <b>Trivia</b></p>	<p>9:30 <b>Daily Chronicles</b> 16</p> <p>10:00 <b>Garden Time</b></p> <p>10:30 <b>Montessori Time</b></p> <p>2:00 <b>Victoria Day Trivia</b></p> <p>6:30 <b>Movie Night</b></p>	<p>9:15 <b>Walk and Roll</b> 17</p> <p>10:00 <b>Coffee Social and Bingo</b></p> <p>3:00 <b>Drawing</b></p>  <p>6:30 <b>Stories</b></p> <p>Armed Forces Day</p>
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