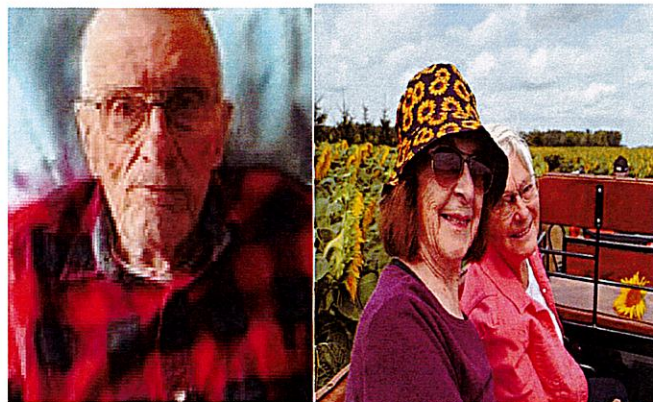


National Day for Truth and Reconciliation is observed annually on September 30th. It honors the survivors, families, and communities affected by the Indian residential school system and remembers the children who never returned home. The day also coincides with Orange Shirt Day.

September Birthdays *Residents*

- Diane R. September 1st
- Paula September 8th
- Olive September 14th
- Ruth E. September 14th
- Vern September 15th
- Joan N. September 18th

Staff

- Don H. September 2nd
- Lyndsey September 11th
- Graham September 16th
- Jasmine September 21st
- Matthew September 26th
- Jenni September 26th
- Lincoln September 30th

The Marathon of Hope



In 1977, 18-year-old Terry Fox was diagnosed with osteogenic sarcoma (bone cancer) and had his right leg amputated. Moved by the suffering of other cancer patients in the hospital, Terry decided to run across Canada to raise money and awareness. He began the Marathon of Hope on April 12, 1980, in St. John's, Newfoundland. He ran a marathon a day for 143 days, covering 5,373 kilometers. He was forced to stop on September 1, 1980, outside Thunder Bay, Ontario, when the cancer spread to his lungs. He passed away in June 1981 at the age of 22. The annual Terry Fox Run, first held in 1981, has grown to involve millions of participants in over 60 countries and is the world's largest one-day fundraiser for cancer research; over **\$1 billion** has been raised in his name through the Terry Fox Research Institute as of February 2026. In a famous 2004 nationwide poll by the CBC, Terry Fox was voted the second **Greatest Canadian** of all time, coming in just behind Tommy Douglas.

Calendar & Newsletter

Goderich Place | Melanie Nurse, Activity Manager | activationgp@hurontel.on.ca | 519-524-4243 ext. 221



Celebrating September

Music with Jimmy's Old Time Radio Show
September 3rd

Labor Day
September 7th

Music with The Irish Cowboys
September 7th

Music with Randy Satchell
September 9th

Music with Steve Cook
September 10th

Threshers Reunion in Blyth
September 11th

Music with Katherine and Bob
September 17th

Education Session with Angela on Home Care Laws
September 18th

Music with Goderich Ukelele Group
September 21st

Music with Leavin' Tracks
September 22nd

International Plowing Match
September 24th

Welcome to September!

September is the month of new beginnings, and a time to enjoy the final days of summer, while enjoying the colours of the upcoming fall.

For new beginnings at Goderich Place, we say goodbye to April as she begins a new career elsewhere. We thank her for getting our residents out and about this summer and we wish her all the best! We are in the process of looking for a new "Outings" Manager. Please bear with me as I work around both her scheduled calendar and events as well as my own.

Music programs for September include; The Irish Cowboys, Jimmy's Old Time Radio Show, Katherin and Bob, Steve Cook, Randy Stachell, Leavin' Tracks and The Goderich Ukelele Group!

We have a few education and information sessions this month as well, Sue from The CNIB will be coming in to chat with us on accessibility in the home, a chat on the importance of vaccines and Angela who works with Elder Law Project, she will be talking about Home Care Laws.

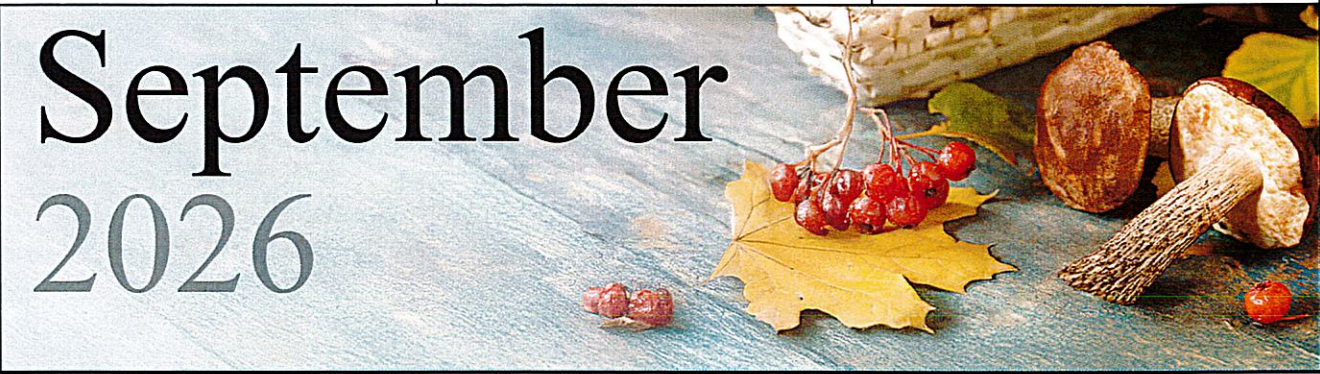
This month, we will be going to The Blyth Festival (pre-arranged tickets), The Threshers Reunion and the International Plowing Match in Walkerton.

We welcome our new friends to Goderich Place, Marlynn and Sylvia! We hope that you enjoy your time with us!

Looking ahead for October, we will be once again having our Senior's Heath Fair, and we welcome back Classie Casual Boutique!!

Wishing everyone a very Happy September!!

Melanie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Education Session for September: Angela, Staff Lawyer, Elder Law Project of Southwestern Ontario on Home Care Laws		9:00 Chair Yoga with Pam 1 10:00 Shopping - Walmart 10:00 Walking Group 2:00 Monthly Chronicles and Trivia 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room Sound Therapy 9:00-11:00	9:00 Exercises 2 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Happy Cat Month! 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 3 9:30 Exercises 10:00 Men's and Ladies Chat in the Front Lobby 1:30 St. George's Anglican Church Service 2:00 Sing and Dance with Jimmy's Old Time Radio Show! 6:30 Tea Time in the TV Room	9:00 Exercises 4 9:30 Exercises 10:00 Free Bingo in the TV Room 2:00 National Read a Book Day! 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room	10:00 Coffee Group in the TV Room 5 10:00 Bible Chat with Verona 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Labour Day – What Job Is It?? 6:30 Tea Time in the TV Room
10:00 Mind Joggers 6 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 7 9:30 Exercises 10:00 Knitting Group in TV Room 10:30 Book Club in Activity Room 2:00 Sing and Dance with The Irish Cowboys 6:30 Tea Time in the TV Room Labor Day	9:00 Chair Yoga with Pam 8 10:00 Shopping – The Square 10:00 Walking Group 2:00 Topsy Tuesday and Food Tasting 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 9 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Randy Satchell 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 10 9:30 Exercises 10:00 Men's and Ladies Chat in the Front Lobby 12:00 Blyth Theatre (prepaid) 2:00 Sing and Dance with Steve Cook!! 6:30 Tea Time in the TV Room	9:00 Exercises 11 9:30 Exercises 9:30 Threshers Reunion in Blyth 10:00 Free Bingo in the TV Room 2:00 Cranium Crunches 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room Rosh Hashanah Begins	10:00 Coffee Group in the TV Room 12 10:00 Bible Chat with Verona 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Craft with Shannon 6:30 Tea Time in the TV Room
10:00 Mind Joggers 13 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room Grandparents Day	9:00 Exercises 14 9:30 Exercises 10:00 Knitting Group in TV Room 10:00 Specsavers Eyeglasses Tune Up 10:30 Book Club in Activity Room 2:00 Accessibility Talk with Sue from The CNIB 6:30 Tea Time in the TV Room	9:00 Chair Yoga with Pam 15 10:00 Shopping - Walmart 10:00 Walking Group 1:30 Lakeshore United Church Service 2:00 Topsy Tuesday and Food Tasting (Celebrating Grandparents!) 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 16 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Armchair Travel to Alberta Part Two! 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 17 9:30 Exercises 10:00 Importance of Vaccines Inservice with Ruth Ann, Public Health Nurse 2:00 Sing and Dance with Katherine and Bob! 6:30 Tea Time in the TV Room	9:00 Exercises 18 9:30 Exercises 10:00 Free Bingo in the TV Room 1:30 Lutheran Church Service 2:00 Education Session with Angela on Home Care Laws 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room Oktoberfest Begins	10:00 Coffee Group in the TV Room 19 10:00 Bible Chat with Verona 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Card Matching Game 6:30 Tea Time in the TV Room
10:00 Mind Joggers 20 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room Yom Kippur Begins	9:00 Exercises 21 9:30 Exercises 10:00 Knitting Group in TV Room 10:30 Book Club in Activity Room 2:00 Sing and Dance with Goderich Ukelele Group 6:30 Tea Time in the TV Room	9:00 Sound Therapy Testing and Demo Day 22 9:00 Chair Yoga with Pam 10:00 Shopping – The Square 10:00 Walking Group 2:00 Sing and Dance with Leavin' Tracks 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room Autumn Begins	9:00 Exercises 23 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Resident Welcome Tea 6:00 Cards 6:30 Tea Time in the TV Room	9:00 International Plowing Match in Walkerton 24 9:00 Exercises 9:30 Exercises 10:00 Men's and Ladies Chat in the Front Lobby 2:00 Junkdrawer Detective 6:30 Tea Time in the TV Room	9:00 Exercises 25 9:30 Exercises 10:00 Free Bingo in the TV Room 2:00 Monthly Resident Meeting 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room Sukkot Begins	10:00 Coffee Group in the TV Room 26 10:00 Bible Chat with Verona 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 No Bake Cooking 6:30 Tea Time in the TV Room
10:00 Mind Joggers 27 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 28 9:30 Exercises 10:00 Knitting Group in TV Room 10:30 Book Club in Activity Room 2:00 Cardmaking with Harriet 6:30 Tea Time in the TV Room	9:00 Chair Yoga with Pam 29 10:00 Shopping - Walmart 10:00 Walking Group 2:00 Resident Birthday Party! 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 30 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 National Truth and Reconciliation Day (Orange Shirt Day) 6:00 Cards 6:30 Tea Time in the TV Room	 September 2026		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Education Session for September: Angela, Staff Lawyer, Elder Law Project of Southwestern Ontario on Home Care Laws 		9:30 Daily Chronicles 1 10:00 Walking Group 10:30 Montessori 2:00 Monthly Chronicles and Trivia 6:30 Tea Time in the TV Room Sound Therapy 9:00-11:00	9:30 Daily Chronicles 2 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Happy Cat Month! 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 3 10:00 Montessori 10:00 Men's and Ladies Chat in the Front Lobby 10:30 Exercises 1:30 St. George's Anglican Church Service 2:00 Sing and Dance with Jimmy's Old Time Radio Show!	9:30 Daily Chronicles 4 10:00 Free Bingo in the TV Room 2:00 National Read a Book Day! 6:30 Tea Time in the TV Room 6:30 Movie Night	9:30 Daily Chronicles 5 9:30 Exercises 10:00 Coffee Social 1:00 Afternoon Movie in the TV Room 3:00 Drawing 6:30 Tea Time in the TV Room
9:30 Daily Chronicles 6 10:00 Bean Bag Toss 10:30 Exercises 2:00 Time Slips 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 7 10:00 Montessori 10:30 Exercises 10:30 Book Club in Activity Room 2:00 Sing and Dance with The Irish Cowboys 6:30 Tea Time in the TV Room Labor Day	9:30 Daily Chronicles 8 10:00 Walking Group 10:30 Montessori 2:00 Tipsy Tuesday and Food Tasting 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 9 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Randy Satchell 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10 10:00 Montessori 10:00 Men's and Ladies Chat in the Front Lobby 10:30 Exercises 2:00 Sing and Dance with Steve Cook!! 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 11 10:00 Free Bingo in the TV Room 2:00 Cranium Crunches 6:30 Tea Time in the TV Room 6:30 Movie Night Rosh Hashanah Begins	9:30 Daily Chronicles 12 9:30 Exercises 10:00 Coffee Social 1:00 Afternoon Movie in the TV Room 3:00 Drawing 6:30 Tea Time in the TV Room
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