



🍁 Did You Know? 🍁

The Civic Holiday is celebrated on the first Monday of August in many parts of Canada.

In Ontario, it is commonly called the **Civic Holiday**, although many communities have their own name for it. In Toronto, for example, it is known as **Simcoe Day**, Guelph calls it **John Galt Day**, while in Ottawa it is **Colonel By Day**.

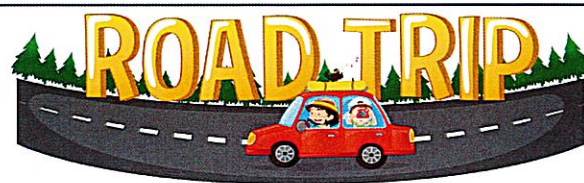
August Birthdays *Residents*

- Hugh August 8th
- Joan M. August 15th (101!!)
- Janet August 16th
- Teresa August 19th
- Betty H. August 20th
- Lorna August 26th
- Gary August 28th
- Don D. August 28th
- George August 31st

Staff

- Florence August 7th
- Cloe August 8th
- Shannon O. August 9th
- Ryan August 11th
- Charlotte August 13th
- Alec August 14th
- Cailleigh August 15th

Please welcome our new friends to Goderich Place!!
Bernice, Kay, Marylynn, Bea, Teresa, Gerald, and Judy we hope you enjoy your time with us!!



Make sure to check through April's Outings Calendar!!

Trips in August include; St. Jacobs Farmers Market, The Zurich Bean Fest, Bayfield Fair, Huron County Plowing Match, Huron County Museum and more!! Refer to the outings calendar and posters for more information.

Sign-up sheets are on activation desk. There may be extra costs involved for some outings.

Calendar & Newsletter

Goderich Place | Melanie Nurse, Activity Manager | 519-524-4243 ext. 221 | activationgp@hurontel.on.ca

Welcome to August!!

August is here, bringing with it warm summer days, beautiful gardens and plenty of opportunities to enjoy the sunshine!!

To enjoy the great outdoors, we will be having more outdoor activities this month, weather permitting of course, with backyard games, lemonade in the garden, as well as having our Topsy Tuesdays outside.

For music this month, we welcome back The Irish Cowboys, Steve Cook and Joel Horvath. Music is a tad lighter this month, as the entertainers need a holiday too! September we are back in full swing of music!

For our Education Session this month, we welcome OPP Officer Soldan, to talk to us about fraud. An unfortunate topic, but one that we should all be aware of. Guests are welcome to attend.

Reminder as always of the services offered at Goderich Place such as, Nurse Practitioner, a bike ride with Cycling without Age, Foot Care, hearing aid checks with Sound Therapy, hairdresser, bloodwork with DynaCare, and now Specsavers will be coming in to do a tune up on eyeglasses! The van also goes out every Tuesday for shopping, weekly errands and outings. Chair Yoga with Pam will be holidays for Aug 11, 18 and 25th! Refer to your calendars for dates and times to all programs and outings.

Let's make the most of these final weeks of summer, get outside and smell the flowers, go for a walk through the park or just sit and enjoy the sunshine!!

Wishing everyone a happy August!!

Melanie

Celebrating August

Sing and Dance with The Irish Cowboys
August 3rd

Sing and Dance with Joel Horvath
August 5th

Sing and Dance with Steve Cook
August 7th

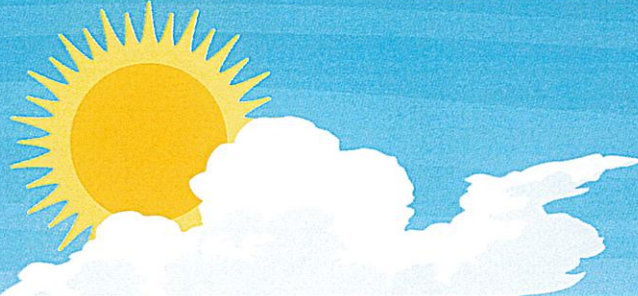
International Left Handers Day!
August 13th

Backyard Water Games
August 19th

Lutheran Church Service
August 21st

Fraud Inservice with Officer Soldan
August 26th

Resident and Food Meeting
August 28th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AUGUST 2026						10:00 Coffee Group in the TV Room 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Sundae Bar! 6:30 Tea Time in the TV Room
10:00 Mind Joggers 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Knitting Group in TV Room 2:00 Sing and Dance with The Irish Cowboys 6:30 Tea Time in the TV Room	9:00 Chair Yoga with Pam 10:00 Shopping - Walmart 10:00 Walking Group 2:00 Monthly Chronicles and Trivia 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room Sound Therapy 9:00-11:00 Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Joel Horvath 6:00 Cards 6:30 Tea Time in the TV Room Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Men's and Ladies Chat in the Front Lobby 2:00 Cranium Crunches 6:30 Tea Time in the TV Room Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Free Bingo in the TV Room 2:00 Sing and Dance with Steve Cook 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room Melanie Off	10:00 Coffee Group in the TV Room 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Whiteboard Games 6:30 Tea Time in the TV Room
10:00 Mind Joggers 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Knitting Group in TV Room 2:00 The Lazy Days of Summer 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Shopping - The Square 10:00 Walking Group 2:00 Topsy Tuesday and Food Tasting 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Armchair Travel to Alberta 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Men's and Ladies Chat in the Front Lobby 2:00 International Left Handers Day 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Free Bingo in the TV Room 2:00 Junkdrawer Detective 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room	10:00 Coffee Group in the TV Room 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 No Bake Cooking 6:30 Tea Time in the TV Room
10:00 Mind Joggers 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Knitting Group in TV Room 2:00 Resident Welcome Tea 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Walking Group 2:00 Celebrate Canning Month! 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Backyard Water Games 6:00 Cards 6:30 Tea Time in the TV Room Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Shopping - Walmart 10:00 Men's and Ladies Chat in the Front Lobby 2:00 Craft with Betty 6:30 Tea Time in the TV Room Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Free Bingo in the TV Room 1:30 Lutheran Church Service 2:00 Show and Tell 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room Melanie Off	10:00 Coffee Group in the TV Room 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Lemonade and Treats in the Back Garden 6:30 Tea Time in the TV Room
10:00 Mind Joggers 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Knitting Group in TV Room 2:00 National Dog Day 6:30 Tea Time in the TV Room Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Shopping - The Square 10:00 Walking Group 2:00 Topsy Tuesday and Food Tasting 6:00 Scrabble/Cribbage 6:30 Tea Time in the TV Room Melanie Off	9:00 Exercises 9:30 Exercises 10:00 Communion Service 10:00 Tuck Shop 2:00 Fraud Inservice with Officer Soldan from The OPP 6:00 Cards 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Men's and Ladies Chat in the Front Lobby 2:00 Monthly Birthday Party 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Free Bingo in the TV Room 2:00 Resident and Food Meeting 6:30 Tea Time in the TV Room 6:30 Colouring in the Card Room	10:00 Coffee Group in the TV Room 10:30 Exercises 1:00 Afternoon Movie in the TV Room 2:00 Trail Mix Day 6:30 Tea Time in the TV Room
10:00 Mind Joggers 10:30 St. Peter's Church Ch. 2 (Hurontel) 1:00 Lake Shore United Church Service Ch. 1 (Hurontel) 6:30 Tea Time in the TV Room	9:00 Exercises 9:30 Exercises 10:00 Knitting Group in TV Room 2:00 Cardmaking with Harriet 6:30 Tea Time in the TV Room	 SPECIAL EVENT FOR AUGUST – FRAUD INSERVICE WITH OPP OFFICER SOLDAN 				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Memory Care Unit						
9:30 Daily Chronicles 10:00 Bean Bag Toss 10:30 Exercises 2:00 Sundae Bar! 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:30 Exercises 2:00 Sing and Dance with The Irish Cowboys 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Walking Group 10:30 Montessori 2:00 Monthly Chronicles and Trivia 6:30 Tea Time in the TV Room Sound Therapy 9:00-11:00	9:30 Daily Chronicles 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Sing and Dance with Joel Horvath 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:00 Men's and Ladies Chat in the Front Lobby 10:30 Exercises 2:00 Cranium Crunches 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Free Bingo in the TV Room 2:00 Sing and Dance with Steve Cook 6:30 Tea Time in the TV Room 6:30 Movie Night	9:30 Daily Chronicles 9:30 Exercises 10:00 Coffee Social 1:00 Afternoon Movie in the TV Room 3:00 Drawing 6:30 Tea Time in the TV Room
9:30 Daily Chronicles 10:00 Bean Bag Toss 10:30 Exercises 2:00 Time Slips 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:30 Exercises 2:00 The Lazy Days of Summer 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Walking Group 10:30 Montessori 2:00 Topsy Tuesday and Food Tasting 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Armchair Travel to Alberta 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:00 Men's and Ladies Chat in the Front Lobby 10:30 Exercises 2:00 International Left Handers Day 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Free Bingo in the TV Room 2:00 Junkdrawer Detective 6:30 Tea Time in the TV Room 6:30 Movie Night	9:30 Daily Chronicles 9:30 Exercises 10:00 Coffee Social 1:00 Afternoon Movie in the TV Room 3:00 Drawing 6:30 Tea Time in the TV Room
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9:30 Daily Chronicles 10:00 Bean Bag Toss 10:30 Exercises 2:00 Lemonade and Treats in the Garden 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:30 Exercises 2:00 National Dog Day 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Walking Group 10:30 Montessori 2:00 Topsy Tuesday and Food Tasting 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Fraud Inservice with Officer Soldan from The OPP 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Montessori 10:00 Men's and Ladies Chat in the Front Lobby 10:30 Exercises 2:00 Monthly Birthday Party 6:30 Tea Time in the TV Room	9:30 Daily Chronicles 10:00 Free Bingo in the TV Room 2:00 Resident and Food Meeting 6:30 Tea Time in the TV Room 6:30 Movie Night	9:30 Daily Chronicles 9:30 Exercises 10:00 Coffee Social 1:00 Afternoon Movie in the TV Room 3:00 Drawing 6:30 Tea Time in the TV Room
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						
2 8:00 Goderich Fireman's Breakfast 10:00 Drive to Port Albert 1:00 1:1 Visits 2:00 Sundae Bar with Memory Care Unit	3 April Off	4 9:00 Beach Walking Club 10:00 Shopping - Walmart 1:30 Memory Care Unit Drive to Point Clark 3:00 1:1 Visits	5 9:00 Beach Walking Club 10:00 Memory Care Unit Drive to Bayfield 1:30 Errands 3:00 1:1 Visits	6 1:00 Sunflower Farm Visit 4:00 1:1 Visits 6:00 Colouring 7:00 Summer BINGO April 12-8	7 9:00 Beach Walking Club 10:00 Memory Care Unit Road Trip to Blyth 1:00 Square Brew Brewery	1 9:30 Goderich Farmer's Market 1:00 1:1 Visits 2:00 Sundae Bar
9 April Off	10 9:00 Beach Walking Club 10:00 Memory Care Unit Drive to Seaforth 1:30 Huron County Museum 3:00 1:1 Visits	11 April Off	12 1:00 YMCA Walking Track 2:00 Memory Care Unit Drive to Clinton 3:15 Goderich Library 6:00 1:1 Visits 7:00 Quarter BINGO April 12-8	13 9:00 Day Trip to St. Jacobs Farmers Market 3:00 1:1 Visits April 9-5	14 9:00 Beach Walking Club 10:00 Memory Care Unit Drive to Brucefield 1:30 Visit to Butterfly Park 3:00 1:1 Visits	15 9:00 Beach Walking Club 10:00 Memory Care Unit Drive to Belgrave 1:00 Bayfield Fair! 3:00 1:1 Visits
16 9:00 Beach Walking Club 10:00 Memory Care Unit Beach Drive 11:00 Frog Legs at Albion Hotel 3:00 1:1 Visits	17 April Off	18 April Off	19 April Off	20 9:00 Beach Walking Club 10:00 Walmart 1:00 Memory Care Unit Drive to St. Josephs 3:00 1:1 Visits	21 9:00 Beach Walking Club 10:00 Huron County Plowing Match 3:00 1:1 Visits	22 9:00 Beach Walking Club 10:00 Bean Fest - Zurich 3:00 1:1 Visits
23 April Off	24 9:00 Beach Walking Club 10:00 Errands 1:00 Kincardine Bulk Barn and Hive 'N Hoe Country Store 3:00 1:1 Visits	25 9:00 Beach Walking Club 10:00 Shopping - The Square 1:30 Memory Care Unit Drive to Zurich 3:00 1:1 Visits	26 8:45 Goderich Legion - Talk on Services for Seniors 10:30 Mystery Picnic. Where will we go? 3:00 1:1 Visits	27 1:00 YMCA Walking Track 1:30 Memory Care Unit Drive to Londesborough 3:00 Goderich Library 6:45 Summer Concert Series April 12-8	28 9:00 Beach Walking Club 10:00 Memory Care Unit Drive to Amberley 1:30 33 East Art Gallery 3:00 1:1 Visits	29 April Off
30 9:00 Chair Tai Chi 10:00 Memory Care Unit Drive to Benmiller 1:30 Ice Cream at the Beach 3:00 1:1 Visits	31 April Off	 Outings Calendar				

This colour is for Retirement Home

This colour is for Memory Care Unit

This colour is for all of Goderich Place Residents