



January Birthdays

RESIDENTS

- Mary D. **January 4th**
- Shirley **January 5th**
- Mike **January 7th**
- Cheryl **January 10th**
- Mary R. **January 15th**
- Verona **January 14th**
- Ann **January 22nd**
- Charles **January 23rd**
- Doug **January 29th**
- Lothar **January 31st**

STAFF

- Skye **January 6th**
- Amrutha **January 7th**
- Nancy M **January 12th**
- Heather **January 17th**
- Julie **January 24th**
- Alyssa **January 30th**



LOOKING AHEAD TO FEBRUARY!!

- The Winter Olympics in Milano Cortina (Italy), will be held from Friday, February 6th until Sunday, February 22nd. Go Team Canada!!
- For Valentine's Day, I want YOUR Love Story!! Find a photo of your sweetheart, and tell me, 'Your Love Story!' I will copy your photos, and display them down the hall by the mailboxes!

Calendar & Newsletter

Goderich Place | Melanie Nurse, Activation Manager | 519-524-4243 EXT. 221 | activationgp@hurontel.ca

Celebrating January!

New Year's Day
January 1st

Sing and Dance with The Irish Cowboys!
January 5th

Manicures with Sandra!
January 12th

Sing and Dance with Ron Allin!
January 13th

Snow Globe Craft
January 15th

National Popcorn Day
January 19th

Sing and Dance with Jimmy's Old Time Radio Show!
January 21st

Clinton Line Dancers!
January 22nd

Talk with Dr. Peel
January 28th

Talk with Michaela from The Town of Goderich!
January 29th

Welcome to January!!

Happy New Year to all our residents, families, and friends! As we welcome January, we also welcome a brand-new year filled with opportunities for connection, joy, and care.

Winter invites us to slow down, stay cozy, and enjoy meaningful moments together. Whether it's a warm cup of tea, a friendly game of cards, or a shared laugh, we look forward to creating many special memories with you in the months ahead!

The New Year is always great time to start something new!! From exercises to book club to knitting and men's group, come and join us! Staying socially active has proven to have many benefits, including boosting your immune system, decreasing anxiety and promoting healthy aging.

The Irish Cowboys, Ron Allin, Jimmy's Old Time Radio Show and The Clinton Line Dancers will be in to entertain us!! Sandra will be coming back in to do manicures for those who would like their nails done! Jenni and Julie will be coming in to do TV Bingo too!!

For our informative talks this month – Dr. Alexandria Peel will be in to talk about "Geriatric Research Papers" (this is in conjunction with The Alzheimer Society of Huron Perth), and Michaela from The Town of Goderich will talk with us about emergency preparedness.

I hope you all had a wonderful holiday season, and all the best for 2026!! Here is to a fantastic New Year!!

Melanie

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

SPECIAL EVENT FOR JANUARY: THURSDAY, JANUARY 29TH
TALK WITH MICHAELA FROM THE TOWN OF GODERICH

10:00 Mind Joggers	4	9:00 Exercises	5	99:00 Chair Yoga	6	9:00 Exercises	7	9:00 Exercises	1	9:00 Exercises	2	10:00 Coffee Group	3
10:30 St Peter's Church Ch	1 (Hurontel)	10:00 Knitting Group in Back Room	10:30 Book Club	10:00 Walking Group	2	10:00 New Year's Resolution Week!	3	10:00 Ladies Group in Back Room	4	10:00 Free Bingo!	5	10:30 Exercises	6
1:00 Lake Shore United Church Service Ch 1 (Hurontel)		2:00 Sing and Dance with The Irish Cowboys!!	2:00 Scrabble/Cribbage	6:00 Shopping – Walmart	7	10:00 Communion Service	8	10:00 Exercises	9	10:00 Word Games	10	1:00 Afternoon Movie	
2:00 Bible Teaching with Verona		6:30 TV Bingo with Jenni and Julie!!	6:30 Tea Time in the TV Room	6:30 Tea Time in the TV Room	11	10:00 Tuck Shop	12	10:00 Quilt Tying	13	10:00 Men's Group	14	10:00 Get Organized Month!!	
6:30 Tea Time in the TV Room				6:30 Tea Time in the TV Room	15	10:00 Happy Hour and Food Tasting	16	10:00 Tea Time in the TV Room	17	10:00 Tea Time in the TV Room		10:00 Tea Time in the TV Room	
10:00 Mind Joggers	11	9:00 Exercises	12	9:00 Chair Yoga	13	9:00 Exercises	14	9:00 Exercises	15	9:00 Exercises	16	10:00 Coffee Group	18
10:30 St Peter's Church Ch	1 (Hurontel)	9:30 Exercises	10:00 Knitting Group in Back Room	10:00 Shopping – The Square	17	9:30 Exercises	18	9:30 Exercises	19	9:30 Exercises	20	10:00 Free Bingo!	
1:00 Lake Shore United Church Service Ch 1 (Hurontel)		10:30 Book Club	10:00 Walking Group	10:00 Communion Service	21	10:00 Ladies Group in Back Room	22	10:00 Exercises	23	10:00 Exercises	24	1:00 Afternoon Movie	
2:00 Bible Teaching with Verona		2:00 Armchair Travel to Quebec Part 2!	2:00 Scrabble/Cribbage	6:00 Shopping – Walmart	24	10:00 Tuck Shop	25	10:00 Quilt Tying	26	10:00 Men's Group	27	10:00 Resident Meeting	
6:30 Tea Time in the TV Room			6:30 Tea Time in the TV Room	6:30 Tea Time in the TV Room	28	10:00 Happy Hour and Food Tasting	29	10:00 Tea Time in the TV Room	30	10:00 Tea Time in the TV Room	31	10:00 Tea Time in the TV Room	
10:00 Mind Joggers	18	9:00 Exercises	19	9:00 Chair Yoga	20	9:00 Exercises	21	9:00 Exercises	22	9:00 Exercises	23	10:00 Coffee Group	
10:30 St Peter's Church Ch	1 (Hurontel)	9:30 Exercises	10:00 Knitting Group in Back Room	10:00 Shopping – Walmart	21	9:30 Exercises	22	9:30 Exercises	23	9:30 Exercises	24	10:00 Exercises	
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2:00 Bible Teaching with Verona		2:00 National Popcorn Day!	2:00 Craft with Betty!	6:00 Shopping – Walmart	26	10:00 Lakeshore United Church Service	27	10:00 Tuck Shop	28	10:00 Tea Time in the TV Room	29	10:00 Tea Time in the TV Room	30
6:30 Tea Time in the TV Room		6:30 Tea Time in the TV Room	6:30 Tea Time in the TV Room	6:30 Tea Time in the TV Room	27	10:00 Sing and Dance with Jimmy's Old Time Radio Show!	28	10:00 Tea Time in the TV Room	29	10:00 Tea Time in the TV Room	31	10:00 Tea Time in the TV Room	
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