



LOOKING AHEAD TO FEBRUARY!!

- The Winter Olympics in Milano Cortina (Italy), will be held from Friday, February 6th until Sunday, February 22nd. Go Team Canada!!
- For Valentine's Day, I want YOUR Love Story!! Find a photo of your sweetheart, and tell me, 'Your Love Story!' I will copy your photos, and display them down the hall by the mailboxes!

January Birthdays

RESIDENTS

- Mary D. January 4th
- Shirley January 5th
- Mike January 7th
- Cheryl January 10th
- Mary R. January 15th
- Verona January 14th
- Ann January 22nd
- Charles January 23rd
- Doug January 29th
- Lothar January 31st

STAFF

- Skye January 6th
- Amrutha January 7th
- Nancy M January 12th
- Heather January 17th
- Julie January 24th
- Alyssa January 30th



Calendar & Newsletter

Goderich Place | Melanie Nurse, Activation Manager | 519-524-4243 EXT. 221 | activationgp@hurontel.com.ca

Celebrating January!

New Year's Day
January 1st

Sing and Dance with The Irish Cowboys!
January 5th

Manicures with Sandra!
January 12th

Sing and Dance with Ron Allin!
January 13th

Snow Globe Craft
January 15th

National Popcorn Day
January 19th

Sing and Dance with Jimmy's Old Time Radio Show!
January 21st

Clinton Line Dancers!
January 22nd

Talk with Dr. Peel
January 28th

Talk with Michaela from The Town of Goderich!
January 29th

Welcome to January!!

Happy New Year to all our residents, families, and friends! As we welcome January, we also welcome a brand-new year filled with opportunities for connection, joy, and care.

Winter invites us to slow down, stay cozy, and enjoy meaningful moments together. Whether it's a warm cup of tea, a friendly game of cards, or a shared laugh, we look forward to creating many special memories with you in the months ahead!

The New Year is always great time to start something new!! From exercises to book club to knitting and men's group, come and join us! Staying socially active has proven to have many benefits, including boosting your immune system, decreasing anxiety and promoting healthy aging.

The Irish Cowboys, Ron Allin, Jimmy's Old Time Radio Show and The Clinton Line Dancers will be in to entertain us!! Sandra will be coming back in to do manicures for those who would like their nails done! Jenni and Julie will be coming in to do TV Bingo too!!

For our informative talks this month – Dr. Alexandra Peel will be in to talk about "Geriatric Research Papers" (this is in conjunction with The Alzheimer Society of Huron Perth), and Michaela from The Town of Goderich will talk with us about emergency preparedness.

I hope you all had a wonderful holiday season, and all the best for 2026!! Here is to a fantastic New Year!!

Melanie

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

**SPECIAL EVENT FOR JANUARY: THURSDAY, JANUARY 29TH
TALK WITH MICHAELA FROM THE TOWN OF GODERICH**

<p>10:00 Mind Joggers 4</p> <p>10:30 St Peter's Church Ch 1 (Hurontel)</p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p> <p>2:00 Bible Teaching with Verona</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 5</p> <p>9:30 Exercises</p> <p>10:00 Knitting Group in Back Room</p> <p>10:30 Book Club</p> <p>2:00 Sing and Dance with The Irish Cowboys!!</p> <p>6:30 TV Bingo with Jenni and Julie!!</p>	<p>9:00 Chair Yoga 6</p> <p>10:00 Shopping – Walmart</p> <p>10:00 Walking Group</p> <p>2:00 New Year's Resolution Week!</p> <p>6:00 Scrabble/Cribbage</p> <p>6:30 Tea Time in the TV Room</p> <p>SOUND THERAPY 9-11</p>	<p>9:00 Exercises 7</p> <p>9:30 Exercises</p> <p>10:00 Communion Service</p> <p>10:00 Tuck Shop</p> <p>2:00 Wacky Wednesday Happy Hour and Food Tasting</p> <p>6:00 Cards</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 8</p> <p>9:30 Exercises</p> <p>10:00 Ladies Group in Back Room</p> <p>10:00 Quilt Tying</p> <p>10:00 Men's Group</p> <p>2:00 Get Organized Month!!</p> <p>6:30 Tea Time in the TV Room</p> <p>New Year's Day</p>	<p>9:00 Exercises 9</p> <p>9:30 Exercises</p> <p>10:00 Free Bingo!</p> <p>2:00 Word Games</p> <p>6:30 Colouring</p> <p>6:30 Tea Time in the TV Room</p>	<p>10:00 Coffee Group 10</p> <p>10:30 Exercises</p> <p>1:00 Afternoon Movie</p> <p>6:30 Tea Time in the TV Room</p> <p>7:00 Hockey Night in Canada</p>
<p>10:00 Mind Joggers 11</p> <p>10:30 St Peter's Church Ch 1 (Hurontel)</p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p> <p>2:00 Bible Teaching with Verona</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 12</p> <p>9:30 Exercises</p> <p>9:30 Manicures with Sandra!!</p> <p>10:00 Knitting Group in Back Room</p> <p>10:30 Book Club</p> <p>2:00 Armchair Travel to Quebec Part 2!</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Chair Yoga 13</p> <p>10:00 Shopping – The Square</p> <p>10:00 Walking Group</p> <p>2:00 Sing and Dance with Ron Allin!</p> <p>6:00 Scrabble/Cribbage</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 14</p> <p>9:30 Exercises</p> <p>10:00 Communion Service</p> <p>10:00 Tuck Shop</p> <p>2:00 Wacky Wednesday Happy Hour and Food Tasting</p> <p>6:00 Cards</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 15</p> <p>9:30 Exercises</p> <p>10:00 Ladies Group in Back Room</p> <p>10:00 Men's Group</p> <p>2:00 Snow Globe Craft</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 16</p> <p>9:30 Exercises</p> <p>10:00 Free Bingo!</p> <p>2:00 International Brain Teaser Month!!</p> <p>6:30 Colouring</p> <p>6:30 Tea Time in the TV Room</p>	<p>10:00 Coffee Group 17</p> <p>10:30 Exercises</p> <p>1:00 Afternoon Movie</p> <p>6:30 Tea Time in the TV Room</p> <p>7:00 Hockey Night in Canada</p>
<p>10:00 Mind Joggers 18</p> <p>10:30 St Peter's Church Ch 1 (Hurontel)</p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p> <p>2:00 Bible Teaching with Verona</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 19</p> <p>9:30 Exercises</p> <p>10:00 Knitting Group in Back Room</p> <p>10:30 Book Club</p> <p>2:00 National Popcorn Day!</p> <p>6:30 Tea Time in the TV Room</p> <p>Martin Luther King Jr. Day</p>	<p>9:00 Chair Yoga 20</p> <p>10:00 Shopping – Walmart</p> <p>10:00 Walking Group</p> <p>2:00 Lakeshore United Church Service</p> <p>2:00 Craft with Betty!</p> <p>6:00 Scrabble/Cribbage</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 21</p> <p>9:30 Exercises</p> <p>10:00 Communion Service</p> <p>10:00 Tuck Shop</p> <p>2:00 Sing and Dance with Jimmy's Old Time Radio Show!</p> <p>6:00 Cards</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 22</p> <p>9:30 Exercises</p> <p>10:00 Ladies Group in Back Room</p> <p>10:00 Quilt Tying</p> <p>10:00 Men's Group</p> <p>1:30 Clinton Line Dancers!!</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 23</p> <p>9:30 Exercises</p> <p>10:00 Free Bingo!</p> <p>1:30 Lutheran Church Service</p> <p>2:00 Resident Meeting</p> <p>6:30 Colouring</p> <p>6:30 Tea Time in the TV Room</p>	<p>10:00 Coffee Group 24</p> <p>10:30 Exercises</p> <p>1:00 Afternoon Movie</p> <p>6:30 Tea Time in the TV Room</p> <p>7:00 Hockey Night in Canada</p>
<p>10:00 Mind Joggers 25</p> <p>10:30 St Peter's Church Ch 1 (Hurontel)</p> <p>1:00 Lake Shore United Church Service Ch 1 (Hurontel)</p> <p>2:00 Bible Teaching with Verona</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 26</p> <p>9:30 Exercises</p> <p>10:00 Knitting Group in Back Room</p> <p>10:30 Book Club</p> <p>2:00 Cardmaking with Harriet!</p> <p>6:30 Tea Time in the TV Room</p> <p>Australia Day (Observed)</p>	<p>9:00 Chair Yoga 27</p> <p>10:00 Shopping – The Square</p> <p>10:00 Walking Group</p> <p>2:00 Monthly Birthday Party and Welcome Tea!!</p> <p>6:00 Scrabble/Cribbage</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 28</p> <p>9:30 Exercises</p> <p>10:00 Communion Service</p> <p>10:00 Tuck Shop</p> <p>1:30 Talk with the Doc!! (Dr. Alexandra Peel)</p> <p>6:00 Cards</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 29</p> <p>9:30 Exercises</p> <p>10:00 Ladies Group in Back Room</p> <p>10:00 Men's Group</p> <p>2:00 Talk with Michaela from The Town of Goderich</p> <p>6:30 Tea Time in the TV Room</p>	<p>9:00 Exercises 30</p> <p>9:30 Exercises</p> <p>10:00 Free Bingo!</p> <p>2:00 Cranium Crunches</p> <p>6:30 Colouring</p> <p>6:30 Tea Time in the TV Room</p>	<p>10:00 Coffee Group 31</p> <p>10:30 Exercises</p> <p>1:00 Afternoon Movie</p> <p>6:30 Tea Time in the TV Room</p> <p>7:00 Hockey Night in Canada</p>

9:00 Exercises 1

9:30 Exercises

10:00 **Ladies Group in Back Room**

10:00 **Men's Group**

2:00 Cards and Board Games!!

6:30 Tea Time in the TV Room

New Year's Day

9:00 Exercises 2

9:30 Exercises

10:00 **Free Bingo!**

2:00 Monthly Chronicles and Trivia

6:30 Colouring

6:30 Tea Time in the TV Room

10:00 Coffee Group 3

10:30 Exercises

1:00 Afternoon Movie

6:30 Tea Time in the TV Room

7:00 **Hockey Night in Canada**

9:00 Exercises 8

9:30 Exercises

10:00 **Ladies Group in Back Room**

10:00 **Quilt Tying**

10:00 **Men's Group**

2:00 Get Organized Month!!

6:30 Tea Time in the TV Room

9:00 Exercises 9

9:30 Exercises

10:00 **Free Bingo!**

2:00 Word Games

6:30 Colouring

6:30 Tea Time in the TV Room

10:00 Coffee Group 10

10:30 Exercises

1:00 Afternoon Movie

6:30 Tea Time in the TV Room

7:00 **Hockey Night in Canada**

9:00 Exercises 15

9:30 Exercises

10:00 **Ladies Group in Back Room**

10:00 **Men's Group**

2:00 Snow Globe Craft

6:30 Tea Time in the TV Room

9:00 Exercises 16

9:30 Exercises

10:00 **Free Bingo!**

2:00 International Brain Teaser Month!!

6:30 Colouring

6:30 Tea Time in the TV Room

10:00 Coffee Group 17

10:30 Exercises

1:00 Afternoon Movie

6:30 Tea Time in the TV Room

7:00 **Hockey Night in Canada**

9:00 Exercises 22

9:30 Exercises

10:00 **Ladies Group in Back Room**

10:00 **Quilt Tying**

10:00 **Men's Group**

1:30 Clinton Line Dancers!!

6:30 Tea Time in the TV Room

9:00 Exercises 23

9:30 Exercises

10:00 **Free Bingo!**

1:30 Lutheran Church Service

2:00 Resident Meeting

6:30 Colouring

6:30 Tea Time in the TV Room

10:00 Coffee Group 24

10:30 Exercises

1:00 Afternoon Movie

6:30 Tea Time in the TV Room

7:00 **Hockey Night in Canada**

9:00 Exercises 29

9:30 Exercises

10:00 **Ladies Group in Back Room**

10:00 **Men's Group**

2:00 **Talk with Michaela from The Town of Goderich**

6:30 Tea Time in the TV Room

9:00 Exercises 30

9:30 Exercises

10:00 **Free Bingo!**

2:00 Cranium Crunches

6:30 Colouring

6:30 Tea Time in the TV Room

10:00 Coffee Group 31

10:30 Exercises

1:00 Afternoon Movie

6:30 Tea Time in the TV Room

7:00 **Hockey Night in Canada**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <p>SPECIAL EVENT FOR JANUARY: THURSDAY, JANUARY 29TH TALK WITH MICHAELA FROM THE TOWN OF GODERICH</p> <h2>Memory Care Unit</h2>				9:30 Exercises 1 10:00 Montessori 10:00 Ladies Group 10:00 Men's Group 2:00 Cards and Board Games!! 6:30 Tea Time in the Dining Room <small>New Year's Day</small>	9:30 Daily Chronicles 2 10:00 Montessori 10:00 Bingo 2:00 Craft with Betty 6:30 Movie Night	9:15 Montessori 3 10:00 Coffee Social 3:00 Drawing 6:30 Stories 7:00 Hockey Night in Canada
9:15 Church Service 4 10:00 Bean Bag Toss 3:00 Afternoon Walks 6:30 Sort the Stuff 	9:30 Daily Chronicles 5 10:00 Montessori 2:00 Sing and Dance with The Irish Cowboys! 6:30 Cards	9:30 Exercises 6 10:00 Montessori 10:30 Walking Group 2:00 New Year's Resolution Week! 6:30 Scrabble/Cribbage	9:30 Daily Chronicles 7 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Wacky Wednesday Happy Hour and Food Tasting 6:30 Foot Soaks	9:30 Exercises 8 10:00 Montessori 10:00 Ladies Group 10:00 Men's Group 2:00 Get Organized Month!! 6:30 Tea Time in the Dining Room	9:30 Daily Chronicles 9 10:00 Montessori 10:00 Free Bingo! 2:00 Word Games 6:30 Movie Night	9:15 Montessori 10 10:00 Coffee Social 3:00 Drawing 6:30 Stories 7:00 Hockey Night in Canada
9:15 Church Service 11 10:00 Bean Bag Toss 3:00 Afternoon Walks  6:30 Sort the Stuff	9:30 Daily Chronicles 12 9:30 Manicures with Sandra!! 10:00 Montessori 2:00 Armchair Travel to Quebec Part 2! 6:30 Cards	9:30 Exercises 13 10:00 Montessori 10:30 Walking Group 2:00 Sing and Dance with Ron Allin! 6:30 Scrabble/Cribbage	9:30 Daily Chronicles 14 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Wacky Wednesday Happy Hour and Food Tasting 6:30 Foot Soaks	9:30 Exercises 15 10:00 Montessori 10:00 Ladies Group 10:00 Men's Group 2:00 Snow Globe Craft 6:30 Tea Time in the Dining Room	9:30 Daily Chronicles 16 10:00 Montessori 10:00 Bingo 2:00 International Brain Teaser Month!! 6:30 Movie Night	9:15 Montessori 17 10:00 Coffee Social 3:00 Drawing 6:30 Stories 7:00 Hockey Night in Canada
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9:15 Church Service 25 10:00 Bean Bag Toss  3:00 Afternoon Walks 6:30 Sort the Stuff	9:30 Daily Chronicles 26 10:00 Montessori 2:00 Cardmaking with Harriet! 6:30 Cards <small>Australia Day (Observed)</small>	9:30 Exercises 27 10:00 Montessori 10:30 Walking Group 2:00 Monthly Birthday Party and Welcome Tea!! 6:30 Scrabble/Cribbage	9:30 Daily Chronicles 28 10:00 Montessori 10:00 Communion Service 10:00 Tuck Shop 2:00 Hall Bowling 6:30 Foot Soaks	9:30 Exercises 29 10:00 Montessori 10:00 Ladies Group 10:00 Men's Group 2:00 Talk with Michaela from The Town of Goderich 6:30 Tea Time in the Dining Room	9:30 Daily Chronicles 30 10:00 Montessori 10:00 Bingo 2:00 Cranium Crunches 6:30 Movie Night	9:15 Montessori 31 10:00 Coffee Social 3:00 Drawing 6:30 Stories 7:00 Hockey Night in Canada